



State of Washington
DEPARTMENT OF CORRECTIONS
 PRISONS DIVISION
Monroe Correctional Complex
P. O. Box 777, Monroe, WA 98272 360-794-2600

August 2008

SUBJECT: MCC Offender Programs

FROM: Marjorie Petersen, Community Partnership Programs office

Community Partnership Programs:

MCC expands public awareness of the Department of Corrections within MCC through Volunteer Resources. This partnership encourages supervised interaction between responsible citizens and offenders. Community volunteers provide programs and services that promote positive reintegration into the community. These groups focus on religious, cultural, personal accountability and ReEntry assistance. Volunteers provide personal and professional expertise in teaching offenders real-life skills necessary to achieve successful transition to community life.

Religious Programs:

A substantial number of community volunteers offer a variety of social and religious programming opportunities for offenders at MCC. MCC has two full time Chaplains to cover the five separate Units within the Complex, so rely heavily on faith based volunteers to provide spiritual programming opportunities to offenders of all faiths in accordance to correctional guidelines. MCC has the following religious volunteer groups:

A Course in Miracles	Messianic Ministries
Accountability Group	Monday Night Bible Study
Agape Message Prison Ministry	Monroe Faith Center
Asatru Group	Mount Zion Baptist Church Services
Bethel Christian Church Service	MSU Concert
Bro Prison Ministry Bible Study	Muslim Services
Buddhist Meditation	Nation of Islam
Cascade Bible Study	Native American Program
Cascade Worship Service	New Life Center Prison Ministry
Catholic Services	North Creek Presbyterian Church Service
Christian Faith Center	Northwest Connections Service
Christian Meditation	One to One Ministries
Christian Science	Open Chapel
Cross Training Fellowship	Opening Blind Eyes

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Emerald City Choir	Prison Fellowship Bible Study
Family Worship Services	Prisoners for Christ
Forgiven Choices	Prisoners for Jesus
Freedom Life Center	Promise Keepers Bible Study
Full Gospel (MSU)	Refuge in Christ
Gideon's	Renton Full Gospel Church Service
House of Mercy	Seventh Day Adventist
House of Salomon - Frankincense	Siddha Yoga Mediation
Inherit the Kingdom	Spiritual Transition
Islamic Program	The Living Spirit
Jehovah Witness (MSU)	Tuesday Night Bible Study
Jewish Program	Union Gospel Mission
KAIROS	VCI Ministries
Kingsway	Warriors of The Cross Ministry
Latter Day Saints Services	Wicca Teaching
Lutheran Communion Services	Woodinville Methodist Fisherman's Union
Marriage Seminar - Life In The Home	Word of His Grace
Men's Choir	Worship Team Choir
Messianic Jewish Services	

Non-Religious Programs:

Program descriptions are available through the MCC Community Partnership Programs Office.

Alcoholics Anonymous	Interns
Alternatives to Violence (AVP)	Man to Man Program
ARE Study Group	MSU Diversity Group
Band Practice	Narcotics Anonymous
Big Brothers/Big Sisters	Nu-Life America ReEntry
Black Prisoners Caucus	Pet Therapy Program
Breaking Barriers	Post Prison Education Program
Community Aid Coalition	Prison Pet Reading Program
Concerned Lifers Org	Purrfect Pals Foster Kittens
Concerned Lifers Organization (Book Project)	Raising Children of Promise
Cultural Awareness Class	Shanti
Dispute Resolution	Smart Recovery
EdCC Tutoring Program	The Hero's Journey
Family Fun	Toastmasters Meetings
Family Liaison	Transition Release Program

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Freedom Project (NVC) Workshops	University Behind Bars-African American History
Freedom Project Mindfulness Class (NVC)	University Behind Bars-Variou Classes
Freehold Theatre Residencies	Veterans
Individual Volunteers	Volunteer Visitation Program
Interaction/Transition	Words Travel Program
	Yoga Behind Bars

Educational Services

Edmonds Community College contracts with MCC to teach basic education programs and offer GED certification. Classes are offered during the afternoon and evenings so offenders can work full-time. Classes teach skills in reading writing, and math, and are designed to prepare offenders for their return to the community.

Adult Basic Education (ABE)	Offenders are placed on the referral list for ABE if they are determined not to have a verified High School Diploma or General Education Development (GED) Certificate, and are not ready to test for the GED. Classes are offered in continuous enrollment and are self-paced.
General Education Development (GED)	Prepares offenders to pass all portions of the GED test, which demonstrates a level of learning comparable to that of a high school graduate in specific curriculum areas. Classes are offered continuously and remain self-paced.
ABE Integrated Horticulture	This is a hand's-on EdCC course designed to provide offenders with the opportunity to learn specific skills needed for employment in the greenhouse/garden industry. At the conclusion of this course the offender will be able to work under supervision in a greenhouse and /or commercial garden setting. Offenders will learn necessary skills to find employment in these settings. This program is offered year around.
Carpentry	This year long vocation program offered by Edmonds Community College. It is designed for individuals who want to be competitive in the entry-level construction marketplace, or who are preparing for entry into an apprenticeship training program. Instruction includes fundamentals of the industry, hands-on skills, and experience and techniques common to construction projects large and small. This program is offered year round.
Computer Information Services	This is a three-quarter certificate course offered by Edcc. This program is designed to give offenders basic training in troubleshooting and maintaining hardware and software used in personal computers. The diagnostic programs we have and are ordering will offer state of the art problem analysis. This certificate program offers most of what is required for full A+ certification. This program is offered year around.
Computer	This is a three-quarter vocational program offered by Edmonds

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<p>Services Technology</p>	<p>Community College. This program includes knowledge in areas such as Windows operating systems, computer programming, electronics for computers, computer system troubleshooting, troubleshooting PC peripherals, network technology, Web development C/C++ programming. An internship will be completed using the learned skills. This program is offered year around.</p>
<p>Graphic Arts & Printing</p>	<p>This course is a 1 year long program offered by EdCC. The Graphic Arts and Printing class is designed to provide the offenders with a broad introduction to the offset printing industry. Offenders will receive a one-year Technical Certificate from EDCC. The main portion of this course is learning to operate an offset press, which is a precision machine with many involved parts to adjust. Entry-level wages for a small press operator are \$10 per hour and can increase significantly in the community with experience. The design computer pre-press portions of the program are intended to give an offender basic knowledge of the procedures and equipment so that he will be prepared for more extensive training on the job. This course also covers camera work, negative assembly and plate making. Basic bindery operation and job planning are also included, so that each offender receives a wide variety of technical skills. This program is offered year around.</p>
<p>Information Technology</p>	<p>This EdCC program is a 1-year program, which serves as an introduction to the “Microsoft Windows” operating system and office applications. Mouse techniques, manipulating windows, controlling, multitasking, customizing the Windows environment, managing disks, files and folders, using “help”, running DOS applications, using Windows utilities and accessories. This program offers most of what is required for a full industry certification. With the EDCC ITC-certificate, an offender can be ready, with brief preparation, for the Microsoft User Certificate, which can be taken once the offender releases from prison. This course is competency based. This course is offered quarterly year around.</p>
<p>Multi Media/Visual Communication s</p>	<p>This is a 1 year long vocational program offered by EdCC which covers areas of study which include two dimensional design, graphic design, introduction to computer systems, digital imaging, interface design multimedia, interactive design and authoring, and instructional design. Offenders will complete an internship based on job skills and educational knowledge. This program is offered year around.</p>

Recreation:

The Recreation department promotes wellness and physical fitness for offenders. There are fee-based programs in weightlifting, music, and hobby crafts.

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Family Friendly and cultural programs are scheduled throughout the year to foster community support for offender upon re-entry to the community. Examples of activities include: family crafts at visitation, finger food parties on the holidays and game days.

Offender Change Programs:

Getting it Right	Offered through contract with by Consulting for Success, a four-week daily program helping offenders gain transition skills related to personal growth, responsible thinking, relapse prevention and change planning. This is a standardized offender change program tracked through RPM.
Job Hunter	Offered through a contract with Employment Security. This group teaches offenders the skills to seek and maintain employment, to include résumé writing, job applications, interviewing, and job retention skills.
Medication Management	This is an ongoing DOC sponsored program for offenders during the SOU intake process.
Moral Reconciliation Therapy (MRT)	A step-by-step cognitive behavior program designed to assist the offender in analyzing his life, setting and achieving present and future goals, and making decisions at a higher level of moral reasoning. The goal is to reduce the chance of re-offending by increasing pro-social reasoning and behaviors.
Partners in Parenting (PIP)	Emphasizes building skills, providing support and helping parents understand the needs and abilities of children in different stages of development.
Psycho Educational	DOC sponsored, Dialectical Behavior Therapy or DBT is a broad-based cognitive-behavioral treatment developed specifically for individuals who need the coping skills to deal with stressful situations that arise every day. Those in this group will learn and practice the skills every week. Most importantly, once learned, the skills can be applied to almost every situation inside a prison setting and, if used properly, can increase an offender's chances of staying out of prison after release. Groups meet weekly for 2-hour sessions.
Sex Offender Treatment Program	This is a Department of Corrections sponsored ongoing program. The goals of SOTP are to help an offender manage and reduce deviant sexual arousal and deviant sexual behaviors. SOTP continues offering aftercare services throughout the State during an offender's period of community supervision.
Stress and Anger Management	Offered by DOC, this Offender Change Program is a 12 week course that meets twice yearly to help offenders develop management of their feelings and behavior in a way, which produces the best possible outcome to an event. Offenders are asked to carefully analyze their reactions to a variety of stressful situations and they will become increasingly aware of their thoughts, feelings and behaviors. Offenders will be provided with a number of SAM coping skills to help them to manage their own behaviors.

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	<p>This is a 2-day per week course with 2-hour sessions. This course is taught by a Psychiatric Social Worker. This program is tracked on RPM.</p>
Victim Awareness	<p>Victim Awareness is a DOC Offender Change Program that is designed to assist offenders in accepting responsibility for the harm caused by their actions. This Victim Awareness Program is an attempt to close the gap between criminal behavior and victimization. If the cycle of the system is to be broken, offenders must understand the real impact of their crime. The class meets for two hours per week over a 13-week period. This course is available two times per year. This program is a standardized Offender Change program tracked on RPM.</p>